

Sobriety / Recovery Count Down

	<u>Years</u>					<u>Months</u>		<u>Days</u>	
74	59	44	29	14			29	14	
73	58	43	28	13			28	13	
72	57	42	27	12			27	12	
71	56	41	26	11	11		26	11	
70	55	40	25	10	10		25	10	
69	54	39	24	9	9		24	9	
68	53	38	23	8	8		23	8	
67	52	37	22	7	7		22	7	
66	51	36	21	6	6		21	6	
65	50	35	20	5	5		20	5	
64	49	34	19	4	4		19	4	
63	48	33	18	3	3		18	3	
62	47	32	17	2	2		17	2	
61	46	31	16	1	1		16	1	
60	45	30	15				15		